



The Canyon View

VOLUME 1, ISSUE 10

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Employee Benefits

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Have
You
Been
Naughty
Or
Nice?

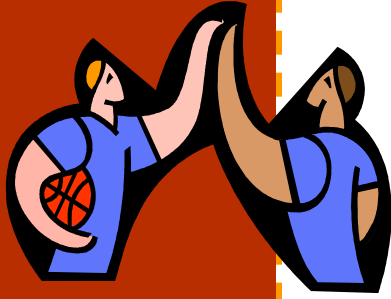
What are you really being paid? Often we say I'm getting \$12.50 per hour or I'm getting \$15 bucks per hour, but in reality our doctors are paying much more for you than just the face value of your hourly rate. Here are two examples of what typically goes into each hour you work.

Example 1:	*Base wage	\$12.50 per hour
	*Social Security and Medicare paid by the doctors (and by you-each pays 7.65%)	\$.96 per hour
	*Long term disability and a life Insurance policy	\$.10 per hour
	*Health insurance if full time and if you take it	\$ 2.21 per hour
	*401(k) match if you invest (save) 5%	\$ 1.13 per hour
	*Uniform allowance	\$.13 per hour
	*Incentive program at year end (half of the cash unless put to next year)	\$.13 per hour
	TOTAL.....	\$17.16 PER HOUR

Example 2:	*Base wage	\$15.00 per hour
	*Social Security and Medicare paid by the doctors (and by you-each pays 7.65%)	\$ 1.15 per hour
	*Long term disability and a life Insurance policy	\$.10 per hour
	*Health insurance if full time and if you take it	\$ 2.21 per hour
	*401(k) match if you invest (save) 5%	\$ 1.35 per hour
	*Uniform allowance	\$.13 per hour
	*Incentive program at year end (half of the cash unless put to next year)	\$.17 per hour
	TOTAL.....	\$20.11 PER HOUR

CVMG also has been willing to pay for educational programs which help to benefit the company and individuals. They pay mileage when on company business.

We need to be thankful at this difficult economical time to be working. Thanks, docs, for keeping us all employed!



GREAT JOB!!

NOTICE

You may also change your 401(k) percentage or amount now, if you like!

Great
Job
Joy!

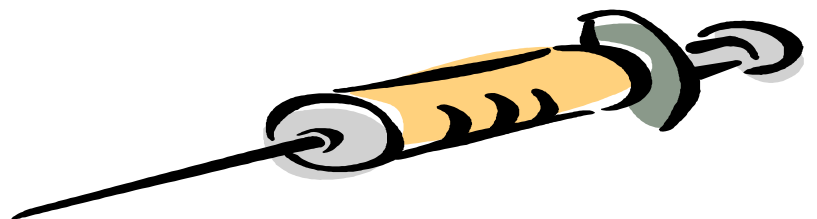
CVMG Labs Pass the “Tests”

Both Spanish Fork Clinic lab and Art City Medical Center lab have gone through extensive testing this past Fall. Every two years the state performs CLIA audits at each facility and takes great pains in ensuring our lab personnel are adequately trained and that the labs are running correctly and efficiently according to government guidelines.

This takes a lot of time and effort to record, store and prove to the auditor that our labs are in compliance. A special THANKS goes out to all lab personnel for their efforts with a special “High Five” to Tracie Clement and Tammy Provostgaard for ramrodding the audits.

Tressie is gathering information regarding the Cafeteria 125 (Flex Spending) participation for the coming 2011 year. Please see her or your administrator if you desire to be involved. Tressie is trying to have this finished by December 21st.

Joy Reynolds, our resident vaccine specialist, passed a very intense audit from the state regarding the Vaccine for Children program. This takes a great amount of work so we congratulate her for this feat!



Mike Dahl, Physician Assistant Extraordinaire

Mike Dahl came to Art City Medical Center in December, 2006. He had been working with the Orthopedic Specialists working long, hard hours. He was excited to begin working “normal” hours.

Mike really likes the challenge of learning new things and enjoys the interactions with the people he works with. It bugs him when the patients he sees don not get better. He also hates doing paperwork. He has a great knowledge about computers and if he could

do anything else for a job it would be as a computer hacker (or a pirate). He does have special interest in computers, electronic gizmos, movies, and music.

Mike has been married for 11 years and has four children: Mikaela (9), Avorie (7), Logan (5), and Carson (3).

Mike likes things short so this is the end of his spotlight. We really enjoy Mike and his sense of humor at Art City and Santaquin.



Christmas is always a special time of year for everybody—including us at CVMG.

The Christmas Party for Spanish Fork Clinic, Santaquin Clinic, Payson Peds and CVWC will be held on Thursday, December 23rd at Ruby River Steakhouse beginning at 2:30 p.m.

The Art City Medical site party will be held at the Hobble Creek Golf Course at the Timberwolf Grill on December 21st at 2:00 p.m.

Remember, the Christmas party, the coins, and the

CVMG Christmastime



Christmas ham are your Merry Christmas treats from the doctors.

We will close the offices Saturday, December 25th.

Also, we close early on December 24th.



What's the medical term ...

The man told his doctor that he wasn't able to do all the things around the house that he used to do.

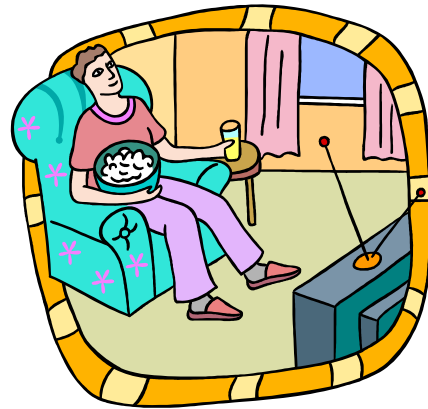
When the examination was complete, he said, "Now, Doc, I can take it. Tell me in plain English what is wrong with me."

"Well, in plain English," the doctor replied, "you're just lazy."

"OK," said the man. "Now give me the medical term so I can tell my wife."



Dear Patient Wife,
The disease your husband has is called ...



"You can't buy love, but you can pay heavily for it!"

Famous Love Quote by Henny Youngman

**Feliz
Navidad**

Remember, only you can prevent forest fires and, by the way, it would be helpful if only you would send something to Mark for next month's newsletter. He needs the help!

Oh, the Possibilities of Technology!



LOOK WHAT'S COMING!!

The patient portal is a secure internet connection between the patient and our office. This patient portal will permit a patient to request appointments, receive reminders of appointments, pay their bills on line, request and receive copies of their medical records, immunization records, patient visits. Once we determine it would be helpful it will permit patients to contact their doctor with questions regarding their recent visits. Once we are up and running and get our patients to enroll in our patient portal we could see a reduction in the number of phone calls we receive. Also, the mistakes we have in “hand offs” (that is, messages having to be taken by our front desk staff regarding clinical issues and then sending to doctors and nurses) could be largely eliminated.

Eventually, patients can submit forms through the portals, manage their family accounts, receive documents and lab results on line. We will be able to broadcast messages to those with patient portal accounts (flu shot availability, the need for follow up care, announcements about recalled pharmaceutical products, etc.). The patient will be able to view their statements on line and make payments online as well. They will be able to access a lot of patient help handouts on a great variety of basic medical questions.

Eventually, a patient could choose to fill out a template about their upcoming visit that actually populates their chart, so when they come in we have already collected much information, which will speed up their visit.

We are excited about introducing this product. It will require help from front desk staff in getting patients registered as well as nurses and doctors. The process of registration is very simple and quick.

So, the advantages for our clinics are:

- We will save postage
- We will eventually save on paper forms
- Staff time will be freed up
- We will be able to automate processes
- We will have fewer phone calls
- Patients will be able to put in health data online

Patients who have joined the patient portal at other groups have been very happy with the way it lets them stay in contact with the doctor's office. They feel like they have greater control of their healthcare needs and are happier with their doctor and staff.

