



The Canyon View

Volume 2 Issue 7

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New Building Completion

On July 15th Canyon View Medical Group celebrated the completion of their new Family Medicine building with a “Ribbon Cutting” ceremony. Dr. Frandsen introduced and gave thanks to all who helped in the building of our new clinic.

Many dignitaries were present along with many of our family members. The media and Channel 17 SFC TV station were also there

recording this special event.

The next day the BIG move was on! Nurses, doctors, other staff members and hired lifters hauled exam rooms, labs, x-ray materials and everything else needed to open up for business. A very special thanks goes to Mark Lewis for facilitating the move and managing the movers.

On July 18th a new chapter in the CVMG saga

began. Patients were seen in the building for the first time with some minor issues occurring. This is a very beautiful building and those that work in it will enjoy the new facilities.

THANKS TO ALL WHO HELPED IN THE MOVE!!



CVMG has started a blog. You can find it on the website address at www.canyonviewmedical.com. Also. go on Facebook and “Like Us”.



Progression pictures of the new building



Early on—Around July 1, 2010



Approximately August 15, 2010



About April 15, 2010



Open letter to Parents

Many parents ask how to get their pre-teen kids to eat more healthy food. First and foremost, I must mention some children have medical challenges that should be handled by a trained professional.

However, if your child does not have a medical condition, then I want to give you a great tip to increase your child's ability to eat more food. Here is the tip: RELAX. I know you are thinking I am crazy, but most parents worry too much. Worrying and nagging the child will increase their anxiety and develop withdrawal from certain foods. Often the harder we push as parents, the harder the

children push back.

Here is what I would do:

First, put a mixture on your child's plate (some food you are eating and some food they eat)

Second, tell them that they can eat whatever they want however there are no treats later.

Third, be consistent and do not let them have a ton of snacks after dinner (obviously be reasonable)

Fourth, talk about how good the food is at dinner time. When your child states that "they do not want to eat it or like it", then simply say, "okay eat what you

like on your plate, but it sure is good."

Fifth, wait and be patient. You are the parent learn to eat what you like and your child will learn also.

Good luck!

Warm Regards,

Dr. Randy Hyde, PhD

<http://www.OneWeekParentingMiracle.com/free-video-tip>

Contributed by Dr. Frandsen THANK YOU!

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Brayden McBride, M.D.

Dr. Brayden McBride has been working part-time for CVMG for the past year. Art City Medical Center has really enjoyed his service to us. He has now finished his residency program and began working full time on July 18th.

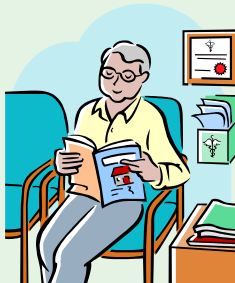
Dr. McBride went to Weber State University and then to the University of Utah Medical School. He was then accepted into the Utah Valley Regional Medical Center residency program having completed it last month as the Chief Resident.

Dr. McBride was raised in Aurora, UT and his interests include fishing, running, cycling and golf. He is married and he and his wife, Cassy, are the proud parents of four children: Coy, Ian, Emma and Lucy.

We, at Art City, are very pleased Dr. McBride is here and he will help fill the void left by other physicians who left Springville seeking their fame and glory.



Adam, an elderly man was seated in the doctor's waiting room. When he was called in to see the doctor, Adam slowly got up, and, grasping his cane and hunching over, slowly made his way into the examining room.



After only a few minutes, Adam emerged from the room, walking completely upright. Paul, another patient who had watched him hobble into the room all hunched over, stared in amazement.

'That must be a miracle doctor in there.' he exclaimed. 'What treatment did he give you? What's his secret?'

Adam stared at Paul and said, 'Well, the doctor looked me up and down, analyzed the situation, and gave me a cane that was four inches longer than the one I had been using.'

